



TALKING GOOD HEALTH

vocabulary exercises simplified for each unit



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UNIT 1: CERVICAL CANCER

Match the words with the correct meaning

vagina	when monthly bleeding stops (usually when women are between 45-55 years old)
period	fluid that comes out of a part of your body
discharge	monthly bleeding in women
menopause	the pathway for the baby to leave the mother's body

pap test	area on body becomes bigger because of too much fluid
womb	entrance to the womb at the top of the vagina
swelling	quick and simple test that checks woman's cervix for cancer
cervix	part of a woman where a baby grows



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UNIT 2 BREAST CANCER

Match the words to the meaning

nipple	skin which is red and itchy
discharge	the baby sucks milk from this part of the breast
a rash	area of body which is bigger than normal
swollen	fluid that comes out of your body

lump	a dent in the flesh
thickening	x-ray picture of breast to check for breast cancer
a sore	swollen mass
a dimple	painful place on your skin
mammogram	something larger than normal





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UNIT 3 CANCER IN MEN

Match the word to the meaning



lump	when the food in your stomach comes back out of your mouth
vomit	a swollen mass
bowel	faeces (slang:poo)
urinate	intestine below the stomach
hoarse	expel water from the body (slang: pee)
stools	croaky



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UNIT 4 HIV Match the word to the meaning .

semen	change in body which shows that something is wrong with it
sexual partner	health worker takes a little blood or body fluid to find out if there is a problem
symptom	The liquid that comes out of a man's penis when a man is sexually excited
test	A person you have sex with

blood transfusion	A living thing (micro-organism) that can cause a disease
virus	When a health worker takes blood from one person and puts it in another
treatment	red, itchy and/or bumpy skin
rash	Something a person does or medicine they take to stay well or make themselves better



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UNIT 5 HEPATITIS B

Match the word to the meaning

inflammation	organ in body which is to the right of the stomach
liver	redness, heat, swelling and pain
pain	high body temperature
fever	unpleasant feeling

appetite	food in your stomach comes back out of your mouth
joint	frequent passing of watery faeces (slang:poos)
diarrhoea	the place where 2 bones make content
nausea	want to eat
vomit	feeling that you want to vomit

abdomen	fluid expelled from the bladder (slang:pee)
urine	yellow skin and whites of eyes
jaundice	party of body between the chest and the pelvis



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UNIT 6 Diabetes

Match the words with the meanings

irritation	liquid that is expelled from the body (slang:pee)
urine	something itchy or irritating
thirst	chemical made by the pancreas
vision	need for a drink
insulin	eyesight

immune	an body part near the stomach which makes insulin
groin	the outer covering of the body
pancreas	a waxy, fat-like substance (slang: stuff) that is made by the liver
cholesterol	protected from disease
skin	place where the thighs join the abdomen





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UNIT 7 DRUG EDUCATION FOR PARENTS

Match the words to the meanings



panic	drug that calms
inhale	changed
depressant	drug that makes you feel or hear things that are not real
hallucinogen	sudden uncontrollable fear
nervous system	drug which excites
distorted	breathe in
stimulant	sends signals between different parts of the body

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Unit 8: SAFE USE OF MEDICINE

Match the words with the meanings

herbal remedies	instructions on how to take medicine
side effects	needed to grow normally
ingredient	medicine using plants
prescription	unwanted symptoms
vitamin	substance that is part of the mixture
to overdose	right amount
dose	to take too much

